La Chute Runners

Fall 2023 Addendum

Rogers Rangers Recap

Fun race! It was our biggest group of runners ever, and the most competitive! It was great seeing old friends and meeting new ones! We are already looking forward to next year's event.

Complements to the high school runners! They had sectionals the day before, and came prepared to run and ran hard! Some of the high school runners, had a solid warm-up, and after the race they had a solid warm-down. Good luck durning the upcoming indoor track and field season.

After the race, we adjoined to the House of Pizza for a relaxing and social time! Super!

The weather cooperated as well. The temperature was perfect and the course was beautiful.

Membership

At the race, many runners renewed membership and many joined the La Chute Runners.

If you need to renew or join the club check out this link, (the membership PDF is a "form" that can be filled out, attached, and emailed:

Membership/Renewal

Website

Yes, we have one. We have a website and a Facebook Page. Here is the link to the Website, check them out:

La Chute Runners

Here is the link to our Facebook Page:

La Chute Runners

Rogers Rangers Ramble Run

	5K		
1	Garett Beebe	19:34	
2	Ollie Porter	20:42	
3	Chris Facteau	21:11	
4	Brady Leerkes	21:25	
5	Cooper Moore	21:49	
6	Josh Cook	22:02	
7	Avery Blanchard	22:26	F
8	James DeFranco	23:48	
9	Matt Karkoski	24:36	
10	Tony DeFranco	24:45	
11	Tim Malaney	25:05	
12	Nick Demos	25:10	
13	Noah Wells	26:26	
14	Jay Wells	26:57	
15	Dee Donahue	27:49	F
16	Mike Quinn	28:12	
17	David Johnston	28:46	
18	Heidi Karkoski	30:09	F
19	Audrey Cook	32:11	F
20	Liam Donahue	33:25	
21	Karen Costello	34:00	F
22	Brandon Joy	34:46	
23	Melisa Bartlett	35:25	F
24	Cam Brown	35:48	F
25	Shauna Porter	36:20	F
26	Brandon Sawyer	38:49	
27	Blue	49:47	
28	Jim Cunningham	49:48	
	Walk		
1	Alison DuBuque	37:42	F
2	Adam DuBuque	39:35	
3	Tracy Smith	40:00	
4	Sara DuBuque	42:29	F
5	Aidan DuBuque	42:29	
















Word of Life




















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