La Chute Runners Meeting
1/30/25 7:00
Black Watch Library

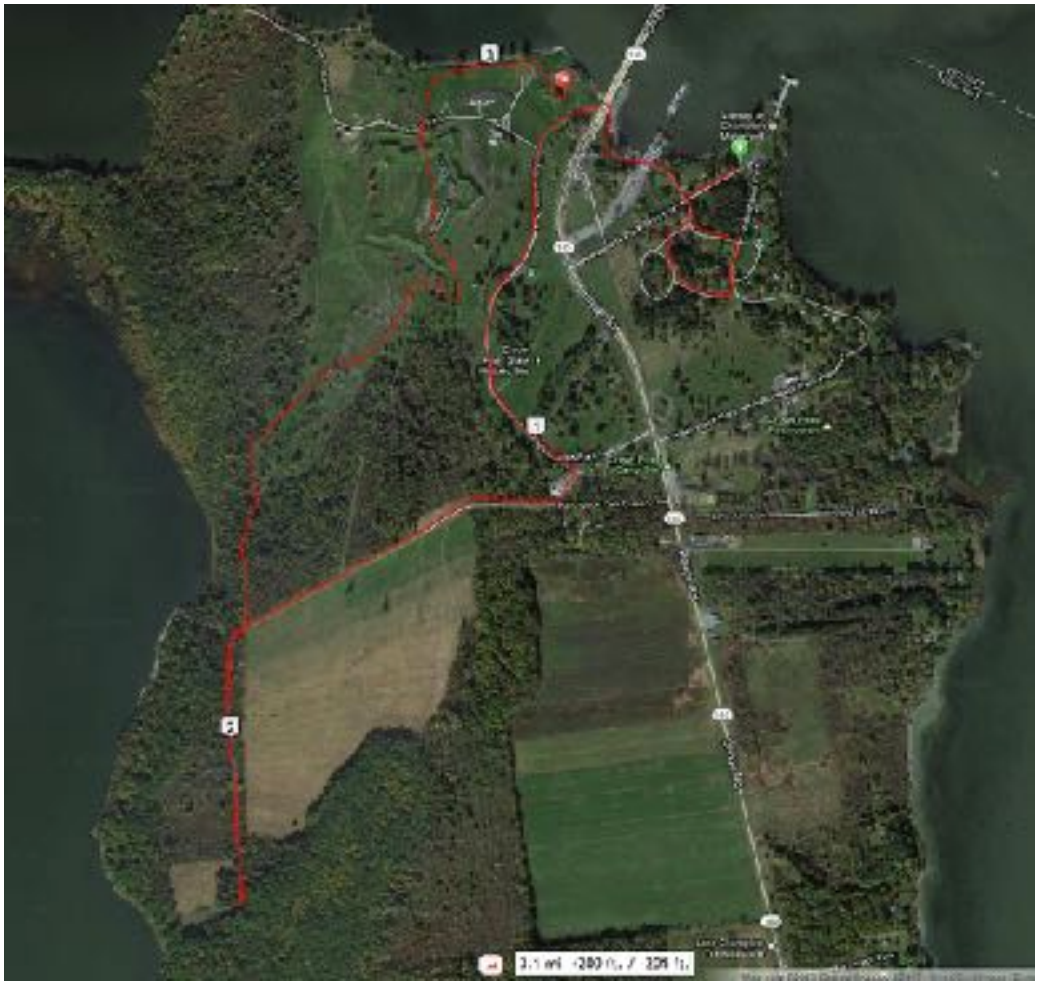
Present: Tim Malaney, Brian Kiely, Mike Quinn, Cam Brown, Abby, Nicole teRiele, Blue, Jim and Linda Cunningham

Color Run

Nicole teRiele addressed the group on behalf of the NCRD (North Country Rural Development).This program is working to develop affordable housing for working people and to fix up vacant properties in the community. One aspect of the project will be having artists paint murals to dress up the downtown area. It will highlighting 5 or 6 properties. The Town would like to celebrate the work with a festival on June 7th. The downtown will be closed to traffic and there will be craft booths, artists, music and food trucks. They also envision a Color Run to kick off the day; Ideas for this run were discussed and Jim mentioned that one of our goals is to encourage running in the youth of the community. Tim will meet with Nicole to work out details. There is more information on the Essex County Land Bank Site.

Champlain Bridge 5K

Cam Brown is working with Safe Harbor NY - a group working to prevent child exploitation. She would like to use the Bridge Run as a venue to raise awareness of the problem with the help of Abby (a senior at Moriah who will use this as a senior project). Cam is looking at May 17th (the 3rd Saturday in May) and has already established contact with the Managers of the Fort at Crown Point and also the State Campsite. A course map follows.



Jim will send Cam maps of the course used in the past, and other files. We will have a meeting in Feb. to work on more details.

There are plenty of opportunities to help out with these events!

If you have ideas and suggestions, you can return email.

Other Business

Tim continues to make progress on the Montcalm Mile. He has contacted Sylvamo and Stewarts. We need to order medals and coordinate with RaceWire.

A motion was made to reimplement the scholarship program on a limited basis. Details are being worked out.

Blue moved that the meeting be adjourned in order to celebrate Mike's birthday with some cold beverages at the Pub.

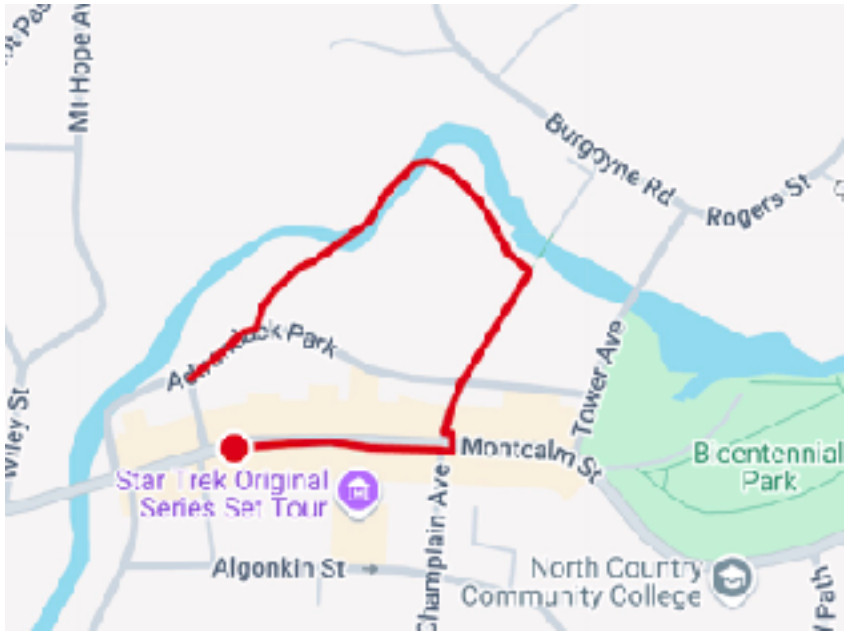
After The Meeting Musings

How about this for the Color Run. No medals at all, but a reward. A reward how? The three top boys and girls, with the greatest quantity of color plastered on their shirts, get ice cream gift certificates to Stewards! (They won't be allowed to chose vanilla!) How about timing? No timing, but the clock will be there to designate the start and finish. If the athletes are K to 12 runners, they wouldn't be interested in time, just color!

How about a course? I did a race in Georgia. It was put on by a school's music department. There were 2 races; a color run, and a 5K. The color run was for kids and very short and very colorful. They mostly got hit at the start. When the 5K lined up, the course ahead was very colorful, and fortunately, the color supply had dwindled, and we were spared.

How about this for a start and finish! Start in front of the library. The library is a kid haven with plenty of activities. Entry blanks could be left there.

Oh! And where else could entry blanks be left? At another kid haven, of course, Punky Noodles!



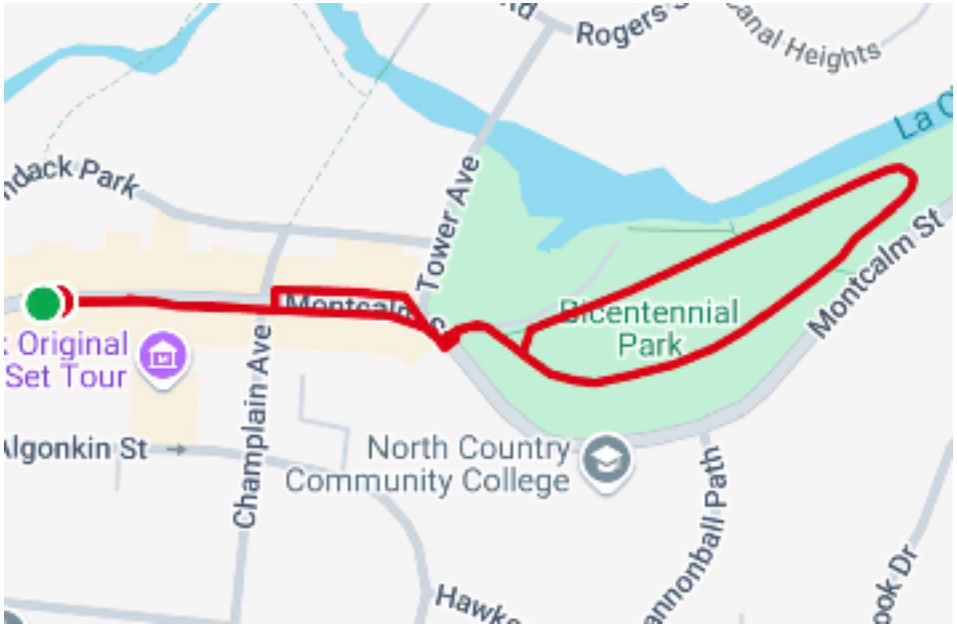
This is a possible course. It would start and end at the library.

The course is out and back.

It goes down Montcalm, makes a left at the bank and heads to a path that goes to another path that follows the La Chute.

The course is about a mile.

There would be some traffic when runners pass the bank



This course also goes down Montcalm and heads into Bicentennial Park.

Again, the course is about a mile.

This course may provide more visibilities for spectators and ample opportunities to colorize runners.

There would be traffic as the runners cross the barrier and road and enter the park.